

## THEME 35 - FAITH AND TRUST IN ALLAH ﷻ

### الْيَقِينُ وَالتَّوَكُّلُ بِاللَّهِ

#### Learning objectives:

- To develop our faith and trust in Allah.
- To learn that faith in Allah should be strong and without doubt.
- To understand that trusting Allah comes naturally with strong faith.

#### In this theme, you will learn:

Faith is the firm belief in the existence of Allah ﷻ. Trust in Allah ﷻ is having a strong belief in His ability and strength to do anything. When absolutely nothing else can be done, you should have firm belief in the Will of Allah ﷻ. Tawakul lightens the heart giving an experience of closeness to Allah ﷻ. You can only have trust if faith is strong enough. Do not just assume that you have to sit and wait for things to happen, Allah ﷻ has given you a brain to think in making the right decision and capabilities to do things. All trials have a positive outcome. Never lose hope in trying as faith, patience, perseverance and trust will eventually bring success.

قَالَ اللَّهُ تَعَالَى: ﴿وَتَوَكَّلْ عَلَى الْحَيِّ الَّذِي لَا يَمُوتُ﴾ [الفرقان: 58]

وَقَالَ تَعَالَى: ﴿وَعَلَى اللَّهِ فَلْيَتَوَكَّلِ الْمُؤْمِنُونَ﴾ [إبراهيم: 11] وَقَالَ تَعَالَى:  
﴿فَإِذَا عَزَمْتَ فَتَوَكَّلْ عَلَى اللَّهِ إِنَّ اللَّهَ يُحِبُّ الْمُتَوَكِّلِينَ﴾ [آل عمران  
159] وَقَالَ تَعَالَى: ﴿وَمَنْ يَتَوَكَّلْ عَلَى اللَّهِ فَهُوَ حَسْبُهُ﴾ [الطلاق: 3].

Allah ﷻ says: “Put your trust in the Ever-Living, Who will never die” (25:58). “And the believers always put their trust in Allah” (14:11). “Once you have made up your mind, put trust in Allah. Allah loves those who put their trust in Him” (3:159). “Whoever puts trust in Allah is enough for him” (65:3).

[1] عن ابن عباس أن رَسُولَ اللَّهِ كَانَ يَقُولُ: «اللَّهُمَّ لَكَ أَسَلَمْتُ،  
وَبِكَ آمَنْتُ وَعَلَيْكَ تَوَكَّلْتُ، وَإِلَيْكَ أُنَبِّتُ، وَبِكَ خَاصَمْتُ. اللَّهُمَّ إِنِّي  
أَعُوذُ بِعِزَّتِكَ؛ لَا إِلَهَ إِلَّا أَنْتَ أَنْ تُضِلَّنِي، أَنْتَ الْحَيُّ الَّذِي لَا يَمُوتُ،  
وَالجِنَّ وَالْإِنْسُ يَمُوتُونَ» مُتَّفَقٌ عَلَيْهِ.

1. Ibn ‘Abbas ﷺ reported that the Messenger of Allah ﷺ used to pray: “Allah, I have submitted, believed and put my trust in You, I turn to You, and for You I argue. Allah, I seek refuge through Your Power; there is none worthy of worship except You; Safeguard me against going astray. You are the Ever Living, the One Who sustains and protects all that exists; the One Who never dies, where as human beings and jinn will all die.”

[2] عن ابن عباس قَالَ: حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ، قَالَهَا إِبْرَاهِيمُ حِينَ

أَلْقِي فِي النَّارِ وَقَالَهَا مُحَمَّدٌ حِينَ قَالُوا: إِنَّ النَّاسَ قَدْ جَمَعُوا لَكُمْ فَاخْشَوْهُمْ فَرَّادَهُمْ إِيمَانًا وَقَالُوا: حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ. رواه البخاري.

2. Ibn ‘Abbas رضي الله عنه said: When Prophet Ibrahim was thrown into the fire, he said: “Allah is sufficient for us, and, He is the best disposer of affairs.” So did the Messenger of Allah ﷺ when he was told: “A great army of pagans had gathered against him, so fear them.” But this warning only increased him and the Muslims in faith and they said: “Allah is sufficient for us, and He is the best disposer of affairs.”

COMMENTARY: This hadith illustrates the profound faith and unwavering trust in Allah demonstrated by both Prophet Ibrahim and the Messenger of Allah (peace be upon them). It draws attention to their exceptional character and how they faced challenges with absolute reliance on Allah’s guidance and protection.

[3] عن عُمرَ قَالَ : سمعتُ رَسولَ الله يقول: «لَوْ أَنَّكُمْ تَتَوَكَّلُونَ عَلَيَّ اللَّهُ حَقَّ تَوَكُّلِهِ لَرَزَقَكُمْ كَمَا يَرْزُقُ الطَّيْرَ، تَغْدُو خِمَاصًا وَتَرُوحُ بِطَانًا» رواه الترمذي.

3. ‘Umar رضي الله عنه said: I heard Messenger of Allah ﷺ saying: “If you depend on Allah as He deserves then He will give you provision as He gives the birds, they leave the nests hungry in the morning and return with a full belly at dusk.”

[4] عن أنس قال: كَانَ أَخْوَانِ عَلِيٍّ عَهْدَ النَّبِيِّ وَكَانَ أَحَدُهُمَا يَأْتِي

النَّبِيِّ وَالْآخَرَ يَحْتَرِفُ، فَشَكَا الْمُحْتَرِفُ أَخَاهُ لِلنَّبِيِّ، فَقَالَ: «لَعَلَّكَ تُرَزَّقُ بِهِ» رواه الترمذي.

4. Anas رضي الله عنه reported: There were two brothers in the days of the Prophet صلى الله عليه وسلم. One of them used to attend the Prophet's circle (to seek knowledge) and the other used to work in the fields earning his livelihood). Once the worker complained to the Prophet صلى الله عليه وسلم that his brother did not work hard enough he صلى الله عليه وسلم replied, "Perhaps you are being provided because of him."

COMMENTARY: This hadith imparts a valuable lesson about the blessings of seeking knowledge and engaging in acts of worship, which can have positive effects not only on the individual but also on those around them. It revolves around the story of two brothers, where one devoted himself to seeking knowledge from the Prophet (peace be upon him) while the other focused on his work in the fields to earn a living.

[5] عن أبي هريرة عن النبي قَالَ: «يَدْخُلُ الْجَنَّةَ أَقْوَامٌ أَفئِدَتُهُمْ مِثْلُ أَفئِدَةِ الطَّيْرِ» رواه مسلم.

5. Abu Hurairah رضي الله عنه reported: The Prophet صلى الله عليه وسلم said, "A group of people whose hearts will be like the hearts of birds, will enter paradise."

### Activities:

- Read and reflect on the story of the Prophets and how they trusted Allah. For example, Prophet Nuh (AS) who was saved from the flood, Prophet Ibrahim (AS) was saved from the fire.
- Discuss how animals and plants are fully dependent on Allah ﷻ.
- Design a poster to promote reliance and deep faith in Allah ﷻ.

**In this theme you have learnt:**

- Put your trust in Allah ﷻ. He will suffice you.
- Allah ﷻ is Ever Living, the One Who sustains and protects all that exists.
- Seeking knowledge of religion is very important.
- When in difficult situations supplicate by saying “Allah is sufficient, and, He is the best disposer of affairs”.